## IsaLean® Bar Natural Oatmeal Raisin

## **Nutrition Facts**

Serving Size 1 Bar (60g) Servings per Container 10

Amount per Serving         % Daily Value*           Calories 210         Calories from Fat 50           Total Fat 5g         8%           Saturated Fat 3.5g         18%           Trans Fat 0g         3%           Cholesterol 15mg         3%           Sodium 85mg         4%           Potassium 130mg         4%           Total Carbohydrate 28g         9%           Dietary Fiber 4g         16%           Sugars 7g         Protein 18g           Vitamin A         10%         Vitamin C         50%           Calcium         30%         Iron         4%           Vitamin D         10%         Vitamin E         50%           Thiamin         10%         Vitamin B6         10%           Niacin         10%         Vitamin B6         10%           Phosphorus         10%         Vitamin B12         10%           Magnesium         15%         Cinc         10%           Manganese         10%         Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000         2,500           * Sat Fat         Less than         65g         80g<	oci viligo per ouri	tunioi 10			
Saturated Fat 3.5g	Amount per Serving		% Daily Value*		
Saturated Fat 3.5g   Trans Fat 0g	Calories 210	Calories fro	m Fat 50		
Trans Fat 0g           Cholesterol 15mg         3%           Sodium 85mg         4%           Potassium 130mg         4%           Total Carbohydrate 28g         9%           Dietary Fiber 4g         16%           Sugars 7g         Protein 18g           Vitamin A         10%         • Vitamin C         50%           Calcium         30%         • Iron         4%           Vitamin D         10%         • Vitamin E         50%           Thiamin         10%         • Riboflavin         10%           Niacin         10%         • Vitamin B6         10%           Folate         10%         • Vitamin B12         10%           Biotin         10%         • Pantothenic Acid         10%           Phosphorus         10%         • Pantothenic Acid         10%           Magnesium         15%         • Zinc         10%           Manganese         10%         • Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less tha	Total Fat 5g			8%	
Cholesterol 15mg         3%           Sodium 85mg         4%           Potassium 130mg         4%           Total Carbohydrate 28g         9%           Dietary Fiber 4g         16%           Sugars 7g         Protein 18g           Vitamin A         10%         • Vitamin C         50%           Calcium         30%         • Iron         4%           Vitamin D         10%         • Vitamin E         50%           Thiamin         10%         • Riboflavin         10%           Niacin         10%         • Vitamin B6         10%           Folate         10%         • Vitamin B12         10%           Phosphorus         10%         • Pantothenic Acid         10%           Phosphorus         10%         • Iodine         10%           Magnesium         15%         • Zinc         10%           Manganese         10%         • Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g </td <td colspan="2">Saturated Fat 3.5g</td> <td></td> <td>18%</td>	Saturated Fat 3.5g			18%	
Potassium 130mg	Trans Fat Og				
Potassium 130mg	Cholesterol 15mg			3%	
Dietary Fiber 4g	Sodium 85mg		4%		
Dietary Fiber 4g	Potassium 130mg		4%		
Sugars 7g           Protein 18g           Vitamin A         10%         • Vitamin C         50%           Calcium         30%         • Iron         4%           Vitamin D         10%         • Vitamin E         50%           Thiamin         10%         • Riboflavin         10%           Niacin         10%         • Vitamin B6         10%           Folate         10%         • Vitamin B12         10%           Biotin         10%         • Pantothenic Acid         10%           Phosphorus         10%         • Iodine         10%           Magnesium         15%         • Zinc         10%           Manganesium         2%         • Copper         10%           Manganese         10%         • Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         20mg         25g           Cholesterol         Less than         2,400mg				9%	
Protein 18g           Vitamin A         10%         • Vitamin C         50%           Calcium         30%         • Iron         4%           Vitamin D         10%         • Vitamin E         50%           Thiamin         10%         • Riboflavin         10%           Niacin         10%         • Vitamin B6         10%           Folate         10%         • Vitamin B12         10%           Biotin         10%         • Pantothenic Acid         10%           Phosphorus         10%         • Iodine         10%           Magnesium         15%         • Zinc         10%           Selenium         2%         • Copper         10%           Manganese         10%         • Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         300mg         300mg           Sodium         Less than         2,400mg         2,400mg           Total Fat Carbohydr	Dietary Fiber 4	lg		16%	
Vitamin A         10%         • Vitamin C         50%           Calcium         30%         • Iron         4%           Vitamin D         10%         • Vitamin E         50%           Thiamin         10%         • Riboflavin         10%           Niacin         10%         • Vitamin B6         10%           Folate         10%         • Vitamin B12         10%           Biotin         10%         • Pantothenic Acid         10%           Phosphorus         10%         • Iodine         10%           Magnesium         15%         • Zinc         10%           Selenium         2%         • Copper         10%           Manganese         10%         • Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         2,400mg         2,400mg           Sodium         Less than         2,500mg         3,500mg         3,500mg           Total Carbohydrate Dietary Fiber	Sugars 7g				
Calcium         30%         Iron         4%           Vitamin D         10%         Vitamin E         50%           Thiamin         10%         Riboflavin         10%           Niacin         10%         Vitamin B6         10%           Folate         10%         Vitamin B12         10%           Biotin         10%         Pantothenic Acid         10%           Phosphorus         10%         Pantothenic Acid         10%           Magnesium         15%         Zinc         10%           Selenium         2%         Copper         10%           Manganese         10%         Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         300mg         3,500mg           Sodium         Less than         2,400mg         2,400mg           Potassium         3,500mg         3,500mg         3,500mg           Total Carbohydrate         300g         375g         30g<	Protein 18g				
Vitamin D         10%         • Vitamin E         50%           Thiamin         10%         • Riboflavin         10%           Niacin         10%         • Vitamin B6         10%           Folate         10%         • Vitamin B12         10%           Biotin         10%         • Pantothenic Acid         10%           Phosphorus         10%         • Iodine         10%           Magnesium         15%         • Zinc         10%           Selenium         2%         • Copper         10%           Manganese         10%         • Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories:         2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         2,400mg         2,400mg           Potassium         3,500mg         3,500mg         3,500mg           Total Carbohydrate         300g         375g         25g         30g           Calories per gram:         25g         30g         30g	Vitamin A	10% •	Vitamin C	50%	
Thiamin         10%         • Riboflavin         10%           Niacin         10%         • Vitamin B6         10%           Folate         10%         • Vitamin B12         10%           Biotin         10%         • Pantothenic Acid         10%           Phosphorus         10%         • Iodine         10%           Magnesium         15%         • Zinc         10%           Selenium         2%         • Copper         10%           Manganese         10%         • Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories:         2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         300mg         300mg           Sodium         Less than         2,400mg         2,400mg           Potassium         3,500mg         3,500mg           Total Carbohydrate         300g         375g           Dietary Fiber         25g         30g	Calcium	30% •	Iron	4%	
Niacin         10%         Vitamin B6         10%           Folate         10%         Vitamin B12         10%           Biotin         10%         Pantothenic Acid         10%           Phosphorus         10%         Iodine         10%           Magnesium         15%         Zinc         10%           Selenium         2%         Copper         10%           Manganese         10%         Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories:         2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         2,400mg         2,400mg           Sodium         Less than         2,400mg         2,400mg           Potassium         3,500mg         3,500mg           Total Carbohydrate         300g         375g           Dietary Fiber         25g         30g           Calories per gram:         25g         30g	Vitamin D	10% •	Vitamin E	50%	
Folate         10%         Vitamin B12         10%           Biotin         10%         Pantothenic Acid         10%           Phosphorus         10%         Iodine         10%           Magnesium         15%         Iodine         10%           Selenium         2%         Copper         10%           Manganese         10%         Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories:         2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         300mg         300mg           Sodium         Less than         3,500mg         3,500mg           Total Carbohydrate Dietary Fiber         300g         375g           Calories per gram:         25g         30g	Thiamin	10% •	Riboflavin	10%	
Biotin         10%         Pantothenic Acid         10%           Phosphorus         10%         • Iodine         10%           Magnesium         15%         • Zinc         10%           Selenium         2%         • Copper         10%           Manganese         10%         • Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories:         2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         300mg         300mg           Sodium         Less than         2,400mg         2,400mg           Potassium         3,500mg         3,500mg           Total Carbohydrate         300g         375g           Dietary Fiber         25g         30g           Calories per gram:         25g         30g	Niacin	10% •	Vitamin B6	10%	
Phosphorus         10%         • Iodine         10%           Magnesium         15%         • Zinc         10%           Selenium         2%         • Copper         10%           Manganese         10%         • Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie dett. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         300mg         300mg           Sodium         Less than         2,400mg         2,400mg           Potassium         3,500mg         3,500mg           Total Carbohydrate         300g         375g           Dietary Fiber         25g         30g           Calories per gram:         25g         30g	Folate	10% •	Vitamin B12	10%	
Magnesium         15%         ■ Zinc         10%           Selenium         2%         ■ Copper         10%           Manganese         10%         ■ Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         300mg         300mg           Sodium         Less than         2,400mg         2,400mg         2,400mg           Potassium         3,500mg         3,500mg         3750mg           Total Carbohydrate         300g         375g           Dietary Fiber         25g         30g           Calories per gram:	Biotin	10% •	Pantothenic Ad	id 10%	
Selenium         2%         Copper         10%           Manganese         10%         Molybdenum         2%           * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000         2,500           Total Fat         Less than         65g         80g           Sat Fat         Less than         20g         25g           Cholesterol         Less than         300mg         300mg           Sodium         Less than         2,400mg         2,400mg           Potassium         3,500mg         3,500mg           Total Carbohydrate         300g         375g           Dietary Fiber         25g         30g           Calories per gram:         100mg         20mg	Phosphorus	10% •	lodine	10%	
Manganese 10% ● Molybdenum 2%  * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	Magnesium	15% •	Zinc	10%	
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Calories:         2,000         2,500           Total Fat Sat Fat Less than Sat Fat Less than Cholesterol Less than Sodium Less than Sodium Less than Sodium Sodium Less than 300mg 2,400mg 2,400mg 3,500mg					
Total Fat Sat Fat         Less than Less than         65g 20g         80g           Cholesterol         Less than         300mg         300mg           Sodium         Less than         2,400mg         2,400mg           Potassium         3,500mg         3,500mg         3,500mg           Total Carbohydrate Dietary Fiber         300g         375g           Calories per gram:         25g         30g	values may be highe				
Sat Fat         Less than         20g         25g           Cholesterol         Less than         300mg         300mg           Sodium         Less than         2,400mg         2,400mg           Potassium         3,500mg         3,500mg           Total Carbohydrate         300g         375g           Dietary Fiber         25g         30g           Calories per gram:         300mg         30mg			·		
Cholesterol         Less than         300mg         300mg           Sodium         Less than         2,400mg         2,400mg           Potassium         3,500mg         3,500mg           Total Carbohydrate Dietary Fiber         300g         375g           25g         30g           Calories per gram:         25g         30g					
Sodium         Less than         2,400mg         2,400mg           Potassium         3,500mg         3,500mg           Total Carbohydrate Dietary Fiber         300g         375g           25g         30g           Calories per gram:         25g         30g					
Potassium         3,500mg         3,500mg           Total Carbohydrate         300g         375g           Dietary Fiber         25g         30g           Calories per gram:         30g         30g				•	
Total Carbohydrate         300g         375g           Dietary Fiber         25g         30g           Calories per gram:         300g         375g		LESS HIGH			
Dietary Fiber 25g 30g Calories per gram:					
Calories per gram:				•	
		Carbohydra	ate 4 •	Protein 4	

Ingredients: Protein blend [whey protein crisp (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, lecithin), calcium caseinate, whey protein isolate], brown rice syrup, yogurt flavored coating (maltitol, fractionated palm kernel oil, calcium caseinate, milk protein concentrate, nonfat milk, yogurt powder, lecithin, natural flavor), maltitol syrup, polydextrose, raisins, rolled oats, water, high oleic safflower oil, natural flavor, cinnamon, vitamin and mineral blend (magnesium oxide, ascorbic acid, alpha-tocopherol acetate, niacinamide, zinc oxide, copper gluconate, calcium pantothenate, ferric orthophosphate, pyridoxine hydrochloride, riboflavin, manganese sulfate, vitamin A acetate, thiamine mononitrate, folic acid, biotin, potassium iodide, sodium molybdate, vitamin D3, vitamin B12), maltodextrin

Contains milk and soy (lecithin) ingredients. Produced on equipment that also processes peanuts, tree nuts, egg and sesame.



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